

September Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
	Pepperoni Pizza Fries Blueberry Squares	Sausage Biscuit Hash Brown Patty Orange Segments	Chicken Spaghetti Peas and Carrots Corn Cookie	Hot Dog Doritos Kosher Spear Rice Krispy Treat
7	8	9	10	11
Chicken Sandwich Sweet Potato Casserole Green Beans Fudge Round	Salisbury Steak Rice/Gravy Sliced Carrots Pears	Fish Sticks Mashed Potatoes Peas and Carrots Cake	Swedish Meatballs Egg Noodles Field Peas Mixed Fruit	PB&J Cheese Curls Applesauce
14	15	16	17	18
Cheese Omelet Hash Brown Patty French Toast Sticks Peaches	Chicken and Rice Broccoli w/cheese Corn Cookie	Sausage Pizza Fries Pineapple	Ham Mac and Cheese Lima Beans Morning Harvest Squares	Sloppy Joe Corn Chips Pickles Marshmallows
21	22	23	24	25
Corn dogs Tater Tots Sliced Carrots Pudding	Cheeseburger Macaroni Corn Green Beans Cookie	Beef Steak Nuggets Mashed Potatoes Green Peas Jello	Chicken Quesadilla Mexicorn Baked Apples	Lunchables SC & Cheddar Chips Pickles Oreos
28	29	30	Oct 1	2
Chicken Nuggets Scalloped Potatoes Mixed Vegetables Swiss Roll	BBQ Smokies Rice Green Beans Pears	Spaghetti Corn Bread Stick Orange Segments	Fiestada Pizza Tater Tots Cake	Hamburger Baked Beans Potato Chips Tropical Fruit

*Milk is served daily with lunch

REMINDER: A substitute food needs to be provided by the parent if their child is allergic to or will not eat an item on the menu. The menu is subject to change based on availability.

Heritage Child Development Center

heritagecdc.net/334-279-0643