

# october 2017 lunch menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2/ Steak Nuggets Au Gratin Potatoes Mixed Vegetables Pears	3/ BBQ Smokies Rice Greenbeans Pineapple	4/ Chicken Noodle Soup Cheese & Crackers Fruit Cocktail	5 Stroganoff English Peas Dinner Roll Jello	6 Pepperoni Pizza Potato Wedges Blueberry Squares
9 Turkey & Swiss Sandwich Gold Fish Pickles Cookie	10 Fish Sticks New Potatoes Carrots Chocolate Pudding	11 Ziti w/Meat Sauce Baked Corn Bread Sticks Oranges	12 P B & J Sandwich Cheese Curls Apple Bars	13 Lunchables & Oreos
16 Chicken Nuggets Waffle Fries Roll Danish	17 Ham Macaroni & Cheese Butterbeans Marshmallows	18 Salisbury Steak Rice Field Peas w/Snaps Cake	19 Ham & Cheese Sandwich Doritos Dill Chips Oatmeal Cake	20 Cheeseburger Macaroni Corn Peaches
23 Hot Dog Potato Skins Kosher Spears Rice Krispies Treat	24 Shrimp Rice Pilaf Peas & Carrots Vanilla Pudding	25 Ravioli Corn Cheese Toast Apple Sauce	26 Sloppy Joes Corn Chips Pickles Fudgerounds	27 Cheese Pizza Steak Fries Cinnamon Squares
30/ Chicken Sandwich Cheezits Dill Chips Brownie	31/ Corn Dogs Nachos & Cheese Mexi-Corn Funnel Sticks			

\*Milk is served daily with lunch

**REMINDER: A substitute food needs to be provided by the parent if their child is allergic to or will not eat an item on the menu. The menu is subject to change based on product availability.**

heritage child development center  
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