

october 2018 lunch menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Steak Nuggets French Fries Garlic Bread Danish	2 Spaghetti Corn Bread Sticks Oranges	3 Lunchables & Oreos	4 Stroganoff English Peas Dinner Roll Fruit Cocktail	5 Shrimp Rice Pilaf Peas & Carrots Vanilla Pudding
8 Hot Dog Potato Skins Kosher Spears Rice Krispies Treat	9 BBQ Smokies Rice Greenbeans Pineapple	10 Ziti w/meat sauce Baked Corn Garlic Cheese Biscuit Pears	11 Turkey & Swiss Sandwich Gold Fish Dill Chips Oatmeal Cake	12 Sausage Pizza Tater Tots Cinnamon Squares
15 Corn Dogs Nachos & Cheese Spanish Rice Funnel Sticks	16 Ham Macaroni & Cheese Butterbeans Marshmallows	17 Chicken Nuggets Waffle Fries Pickles Brownie	18 Ravioli Crackers & Cheese Corn Peaches	19 P B & J Sandwich Cheese Curls Apple Bars
22 Sloppy Joes Corn Chips Pickles Fudge round	23 Cheeseburger Macaroni Shoeppeg Corn Blueberry Squares	24 Fish Sticks New Potatoes Carrots Chocolate Pudding	25 Ham & Cheese Sandwich Doritos Dill Pickles Apple Slices	26 Chicken Sandwich Cheezits Pickle Chips Swiss Roll
29/ Hamburger Potato Chips Dill Pickles Cookie	30/ Steak Nuggets Scalloped Potatoes Mixed Vegetables Applesauce	31/ Salisbury Steak Rice & Gravy Field Peas w/snaps Cake		

*Milk is served daily with lunch

REMINDER: A substitute food needs to be provided by the parent if their child is allergic to or will not eat an item on the menu. The menu is subject to change based on product availability.

heritage child development center
334.279.0643 . heritagecdc.net