

september 2010 lunch menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
30-Aug Corn Dogs Nachos Mexi-Corn Cinnamon Sticks	31-Aug Meatloaf Mashed Potatoes Green Beans Fruit Cup	1 Sloppy Joes Corn Chips Fudge Rounds	2 Pot Roast Rice & Gravy Mixed Vegetables Pears	3 Chicken Fingers Tater Tots Biscuit Strawberry Bars
6 CDC Closed for Labor Day	7 Hamburger Potato Chips Pickles Oatmeal Cake	8 PB & J Sandwich Cheese Puffs Applesauce	9 Lunchables Oreos	10 Salisbury Steak Rice & Gravy Peas & Carrots Chocolate Pudding
13 Steak Fingers French Fries Texas Toast Blueberry Squares	14 Ziti w/ Meat Sauce Corn Bread Sticks Pineapple	15 Hot Dogs Potato Skins Kosher Spears Sugar Cookies	16 Stroganoff English Peas Dinner Roll Peaches	17 Fish Sticks New Potatoes Carrots Jello
20 Chicken Sandwich Cheezits Fruit Cocktail	21 Ham Macaroni & Cheese Butter Beans Marshmallows	22 Turkey & Swiss Sandwich Pretzels Apple Danish	23 Shrimp Rice Pilaf Mixed Vegetables Vanilla Pudding	24 Sloppy Joes Corn Chips Brownies
27 BBQ Smokies Rice Green Beans Oranges	28 Cheeseburger Macaroni Corn Lemon Cake	29 Ham & Cheese Sandwich Doritos Oatmeal Cookie	30 Chicken Fingers Mashed Potatoes Field Peas Pears	1-Oct Pepperoni Pizza Potato Wedges Strawberry Squares

*Milk is served daily with lunch

REMINDER: A substitute food needs to be provided by the parent if their child is allergic to or will not eat an item on the menu. The menu is subject to change based on product availability.

heritage child development center
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